

Aspen Athletic Clubs Offer GREAT Corporate Rates for State of Iowa Employees!

[www.aspenathletic.com](http://www.aspenathletic.com)

Aspen Athletic Clubs is Iowa's fastest growing fitness organization. It is easy to see why Aspen consistently is voted the Best in Des Moines, with 5 convenient metro locations to serve their members and the wide variety of amenities to help any individual achieve their fitness goals. Staffed by over 250 friendly, motivated fitness professionals and servicing over 24,000 members, Aspen is the fitness facility where real people get real results.

**Aspen Athletic Clubs Offers:**

- Weight Training Area - Selectorized and Free Weights
- Cardio Theater Equipment - Ellipticals, Treadmills, Recumbent Bicycles, Stairmasters, & Step Mills
- Wet Area – Sauna, Steam Room, Jacuzzi, and Pool (SE 14<sup>th</sup>)
- Certified Personal Trainers & Group Exercise Instructors
- Great Group Fitness Classes including: BODYPUMP®, Spinning™, Yoga, BODYJAM, TurboKick, Tae Kwon Do, Silver Sneakers and Zumba
- Kids Klub Area
- Tanning,
- Massage
- Basketball
- Indoor/Outdoor Tennis Courts (12 Courts in Total)
- Executive Locker Rooms
- Much, Much More!

**Special State of Iowa Rates:**

Single: \$0 Enrollment & \$37/month

1<sup>st</sup> Family Add-on: \$49 Enrollment & \$20/month

Additional Family Add-ons: \$29 Enrollment & \$15/month

**For more information, contact:**

**Mike Eagan**

**General Manager**

**Aspen Athletic Clubs**

**(515) 270-5860**

**5 Convenient Locations**

10930 Hickman Road – Des Moines -278.2582

SE 14<sup>th</sup> & Army Post – Des Moines-287.2582

4100 Merle Hay Road – Des Moines -270.5860

West Glen Town Center – West Des Moines-222.1899

4549 Fleur Drive – Des Moines -287.2126